



Week One – 29/10/18, 19/11/18, 10/12/18, 07/01/19, 28/01/19, 25/02/19, 18/03/19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet Potato & Salmon Fishcake	Beef Lasagne	Chicken Meatballs	Roast Loin of Pork & Stuffing	Crispy Baked Fish Fillet
Cheese & Tomato Pizza	Vegetable Crumble	Carrot & Leek Cheese Slice	Vegetarian Quorn Fillet & Stuffing	Vegan Chicken Style Nuggets
Herb Diced Potatoes, Carrots & Baked Beans	Garlic Slice, Peas & Baked Beans	Tomato Sauce & Rice, Sweetcorn and Baked Beans	Roast Potatoes, Carrots & Broccoli	Chips, Peas & Baked Beans
Raspberry Apple Cake	Macaroon Tart	Apricot Layer Shortbread	Fruity Thursday – choice of Fruit Jelly, Fruit Yoghurt or Fresh Fruit	Vanilla & Chocolate Crunch
Cheese PackUp	Ham PackUp	Tuna PackUp	Cheese PackUp	Ham PackUp

Week Two 05/11/18, 26/11/18, 17/12/18, 14/01/19, 04/02/19, 04/03/19, 25/03/19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Italian Tomato Pasta	Lamb Potato Bake	Beef & Tomato Grill in a Bun	Roast Chicken & Stuffing	Crispy Baked Fish Fillet
Mac 'n' Cheese	Vegetable Quiche	Quorn Burger in a Bun	Vegetarian Sausage & Stuffing	Crunchy Vegetable Fingers
Garlic Slice, Sweetcorn and Baked Beans	Carrots & Baked Beans	Wedge Potatoes, Mixed Vegetables & Baked Beans	Roast Potatoes, Carrots & Cabbage	Chips, Peas & Baked Beans
Eve's Pudding with Custard	Strawberry Whip with Mini Shortbread Biscuit	Jam Roly Poly & Custard	Fruity Thursday – choice of Fruit Jelly, Fruit Yoghurt or Fresh Fruit	Low Sugar Chocolate Brownie
Cheese PackUp	Ham PackUp	Tuna PackUp	Cheese PackUp	Ham PackUp

Week Three – 12/11/18, 03/12/18, 31/01/19, 21/01/19, 11/02/19, 11/03/19, 01/04/19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crunchy Quorn Burger with Wedge Potatoes	Pork Sausages with Gravy	Mild Chicken Tikka with Rice	Roast Beef & Yorkshire Pudding	Fish Fingers
Jacket Potato with Beans & Cheese	Vegetable Fingers	Vegetable Lasagne	Vegetable Pasta Bake	Quorn Sausage
Sweetcorn & Baked Beans	Mashed Potato, Green Beans & Baked Beans	Naan Bread, Broccoli & Baked Beans	Roast Potatoes, Carrots & Cauliflower	Chips, Peas & Baked Beans
Cocoa & Vanilla Marble Sponge	Oaty Blackberry & Apple Crumble with Custard	Carrot, Orange & Banana Cake with Custard	Fruity Thursday – choice of Fruit Jelly, Fruit Yoghurt or Fresh Fruit	Chocolate Coconut Tart
Cheese PackUp	Ham PackUp	Tuna PackUp	Cheese PackUp	Ham PackUp

School pack-up meal includes a baguette with fruit juice carton, biscuit & portion of fresh fruit.
Available every day – Jacket Potato, Yoghurt, Cheese & crackers, Fresh Fruit Salad, Custard and ice cream will be weather dependent.

Cavendish CofE Primary School

Lunch Menu

29th October 2018 - 5th April 2019



Occasionally there may be a substitution to printed meal.

Allergen and intolerance information available from ww.eats-catering.co.uk Alternatively, please contact the school office

School Lunches are £2.30 per day payable in advance.

Cheques payable to Suffolk County Council.