

School lunches are £2.30 per day payable in advance; cheques payable to Suffolk County Council

Week One – 30 Oct, 20 Nov, 11 Dec, 8 Jan, 24 Jan, 26 Feb, 19 Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Grilled chicken burger in a homemade bun	Pasta bolognese with garlic bread slice	Margherita pizza slice with wedge potatoes	Roast loin of Suffolk pork, stuffing, roast potatoes & gravy	Crispy fish fillet with chips
Alternative option	Southern style veggie burger in a homemade bun	Jacket potato and cheese	Pepper quiche	Cauliflower & leek bake with roast potatoes	Quorn sausages with chips
Served with	Seasonal vegetables Baked beans	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables Baked beans
Dessert	Flapjack slice with custard	Cocoa & vanilla marble cake	Blueberry muffin	Apply & blackberry crumble & custard	Chocolate crunch with chocolate sauce
Packed	Cheese	Ham	Tuna	Cheese	Ham

Week Two – 6 Nov, 27 Nov, 18 Dec, 15 Jan, 5 Feb, 5 Mar, 26 Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork & carrot meatballs with tomato pasta twists	Macaroni cheese	Smokey Joe's chicken with rice	Roast beef, Yorkshire pudding with roast potatoes & gravy	Crispy fish fillet with chips
Alternative option	Seasonal vegetable crumble	Jacket potato with baked beans	Smokey Joe's quorn fillet with rice	Quorn sausage 'under wraps', roast potatoes & gravy	Vegetable fingers & chips
Served with	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables Baked beans
Dessert	Warm apple taco & custard	Belgium cocoa waffle with cherry fruit topping	Carrot & pineapple sponge cake	Oaty fruit crunch & custard	Vanilla iced sponge
Packed	Cheese	Ham	Tuna	Cheese	Ham

Week Three – 13 Nov, 4 Dec, 1 Jan, 22 Jan, 19 Feb, 12 Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Ham pasta bake	Local sausage & mash with gravy	Traditional beef lasagne	Roast chicken, stuffing, roast potatoes & gravy	Baked fish fingers with chips
Alternative option	Crunchy cheese & potato pie	Vegetarian toad-in-the-hole with mash & gravy	Loaded potato skins with tomato, cheddar & baked beans	Quorn roast, Yorkshire pudding, roast potatoes & gravy	Crispy vegetable fingers with oven chips
Served with	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables Baked beans
Dessert	Pear & gingerbread cake	St Clement's shortbread slice & fruit drink cuplet	Toffee apple crumble & vanilla ice cream	Greek lemon cake & custard	Chocolate cracknell
Packed	Cheese	Ham	Tuna	Cheese	Ham

School pack-up meal includes a baguette with either Cheese, Ham or Tuna, fruit juice carton, biscuit & portion of fresh fruit.

Available every day – Jacket Potato, Yoghurt, Cheese & crackers, Fresh Fruit / Salad

Cavendish CofE Primary School

Lunch Menu

30th October 2017 - 26th March 2018



Occasionally there may be a substitution to printed meal.

Allergen and intolerance information available from ww.eats-catering.co.uk Alternatively, please contact the school office

School Lunches are £2.30 per day payable in advance. Cheques payable to Suffolk County Council.